

## #002 Get men on top of their game

Dear boys,

Today I wanna bless us with tips on **how to avoid an awkward first date**

### 1. Stay off your phone

Staying off your phone during a date with your chick is a sign of respect towards her and yourself. Focusing on your phone makes her feel you are bored and that you are not fully invested or interested in the activity or her as a whole. It is also a sign of rudeness, so always focus on her, give her the attention and time she deserves and both of you will surely enjoy your date without a doubt.

### 2. Be assertive

When assertive, one tends to be self-assured and self-conscious and this promotes some sense of confidence which may be attractive to your date. Being assertive can help you be charming, interesting, entertaining or even funny since you are aware of your capabilities and are so sure of yourself.

The art of being charming, interesting, entertaining and funny are very important during a date. But again you don't have to be all of them, only one or two traits can do. But the most important of all is being **chill**, a trait worth embracing during a date with the girl of your dreams.

### 3. Talk about her

People literally like it when you talk about them so when you take the initiative of talking to her about herself, you've hit the mark.

You can talk to her about her passions, biggest goals, habits, daily routines, what you like about her, things you have in common, things that make her feel alive, love language, intimate preferences, favorite music, favorite show and etc.

Do this and come tell me if she ain't yours by the end of the date.

### 4. Be a gentleman

What option do you have, be a gentleman. Pay for the dinner date, be her masculine protector, open the car door for her that is if you have a car, but if not, you can always open the house door for her. No big deal, you'll get there someday and it's always good to start from somewhere.

But again the act of opening the house door is a sign of being a gentleman. Never forget that.

### 5. Avoid movies or dinner dates

I strongly advise on avoiding movie or dinner dates. Save it for later dates unless you are super confident, these dates tend to be awkward. I advise that both of you do activities or something exciting like: going to a theme park, carnival, haunted house, escape rooms, mini-golf or even merry go round.

-Is it beneficial? Yeah,

-Why?

Well she will misplace the emotions she feels at these places and think they are for you. Scientific research terms this as Misattribution of arousal. And who doesn't want that, I probably do.

#### **6. Sit next to her**

Don't sit across from her as if you are interviewing her, we ain't at Kandiz café. Sit next to her, it's the best thing to do; you never know when it's the perfect time to plant a smackeroo on her lips.