

#013 The secrets to improving your life

Dear boys,

Today I'm gonna teach us **on ways we can better our lives as men**

- **Always do something**

As a man, the only way you can be fulfilled and feel worthy in this life is by doing something. God gave you a purpose, so work on it and be useful to the society. Some of us always wonder how God fulfills men; he does so through the work he has assigned you in this life which is your purpose.

- **Maintain your ego**

You work hard in life as a man you deserve to be proud about of it and to maintain your ego. How do we maintain our ego? By being careful to protect and give your time to people who are of value to you so that you don't fail.

Seek to dwell among the council of the wise and successful in order to thrive and fulfill your purpose. Set standards in life and decide whom to hang around and whom not to. Ego, if used well yields the desired results.

- **Use your time well**

Don't waste your time on vices or people who aren't worth it. There is much to be done in life, so use your time well to achieve more and be of use to the society.

- **Overcome your fears**

Never allow your fears to stop you from achieving your goals in life. Many individuals don't make any progress in their lives because of fear and that is dangerous. So eliminate your fears and hit the road like Adonis and you'll never go wrong.

- **Choose your partners wisely**

You need a supportive, understanding and visionary woman, not a lady who is ready to bring you down and all she is good at is partying. You deserve better but again better attracts better, so be sure to be a better man to attract a quality woman.

- **Never ignore the red flags**

To avoid paying the price and living a life that was never meant for you, whenever you are choosing your partner, never ignore her red flags. It's for your own good, so do the right thing.

- **Give Caesar what belongs to Caesar, and give your attention to whoever deserves it**

Your attention is your greatest weapon, so use it as a reward and punishment mechanism. Don't give it away so freely, give it to those who deserve it and focus on what is important. Trust me you, you'll never go wrong.