

#012 Refuse to live and die as an average Joe

Dear boys,

Today I'm gonna explain to us **10 ways on how you live and die as an average man**

- **You never go out**

Sitting around the house will never give you the opportunity of meeting new people who can help or improve your life. You need to go out there and do something about it. Social media alone is not enough to meet new people, for even if you meet guys on social media eventually you'll have to meet them in person for you to form a strong and stable relationship.

So sitting around the house is not entirely beneficial to us. We need to go out there and have a taste of vitamin D, socialize with others and build the nation together.

- **You don't read**

Remember knowledge is power and whoever reads is powerful and free from ignorance. So, embrace the art of reading quality and beneficial content, not just everything. It's for your own good and success in life.

The same way you lift weights to increase em' muscles is the same way you need to read books to improve your brain capacity and processing. So start reading books.

- **You are a 'nice guy'**

Nice guys finish last? Nope, they never finish at all. Don't be one if you want to succeed in the functional areas of your life especially in the dating field. Be a good guy, not a nice fella.

- **You never challenge yourself**

Embracing your comfort zone will never lead you anywhere or get you the results you need in life as a man. Push yourself to do more in life, try new things and fail rather than not doing anything at all. It's high time you started adding value to yourself since men of value push themselves and abandoned their comfort zones forever to attain the success they want in life.

They challenge themselves and no matter how hard things are, they advance and improvise and have their way to success. So do what you have to do and remember time waits for no man.

- **You care what others think about you**

And that's why you never tend to try new things or do things that you like and feel your heart is into. It's high time you thought about you and what you want and what is best for you, my opinion doesn't count; only yours does.

- **You don't care about your appearance**

Your appearance entails your how you look and how you dress. Remember your image leaves a lasting impression in the minds of others and people tend to judge you based on your appearance.

So I suggest you have a skincare routine and start dressing well for a good image will speaks volumes about you before you introduce yourself to anyone. And it's also beneficial in the field of dating.

- **You never learn to say NO**

Mr. Yes all the time is always misused, mishandled and disrespected because he doesn't have boundaries and can never speak out his mind. You wanna gain respect and avoid being mishandled, learn to say NO even if it means somebody has to go through the exit door.

- **You never work out**

Working out keeps you healthy and strengthens your mental capacity which leads you to do much more in life. In short, it's a very fundamental tool in the pursuit of success in life.

- **You are addicted to your phone**

Most of us today are addicted to our phones in the sense that we can't do much without it. We'd rather spend the entire day on social media than engage in physical work or socialize with others.

This habit has promoted laziness, degeneracy, low levels of self esteem among the youth due to comparison and also depression but again we need to understand this: Man ought to live a fulfilling by embracing tradition and ya'll are aware of what tradition entails.

Modernity is doing more damage to us than good without a doubt and its high time we embraced tradition and rejected modernity.